#### BIRDERS' BOOKSHELF

#### **Arctic Ordeal**

Edited by C. Stuart Houston. McGill-Queen's University Press, Kingston, Ontario and Montreal, Quebec. 1984. 349 pp., 8 maps, drawings by H.A. Hochbaum. Hardbound \$29.95.

n the first quarter of the 19th century, the British government had hopes of finding a northwest passage across the top of North America. Explorers searched by land and by sea simultaneously, but the overland expedition of John Franklin in 1819-1822 is particularly exciting because of the ordeals endured and the detail in which they were recorded. Twenty explorers departed; only nine returned. Four officers began the journey: John Franklin, John Richardson, George Back, and Robert Hood. Each kept a journal, although Franklin's was lost when a canoe upset in rapids. Franklin later used the journals of the other three to prepare an account of the journey which was published in 1823. In 1974, Houston published his transcription of Hood's journal for the first year, along with some of Hood's watercolors. Arctic Ordeal focuses on John Richardson's journal written during the last year of the expedition. The book begins with an historical prelude, presents a transcription of most of the journal, and ends with an extensive commentary and appendices which detail Richardson's observations of birds, mammals, fish, plants, and geology. A brief appendix dealing with lichens was prepared by J.W. Thomson, and a lengthy appendix on geology was contributed by W.O. Kupsch.

In this review I will emphasize ornithological aspects, but some general comments are in order. Once I began reading the book, I finished it at a single sitting. It was exciting and awe-inspiring. Our modern educational system turns out specialists—and as the product of such a system, I was overwhelmed by the breadth of contributions made by Richardson. Richardson's journal is not only a very readable personal account of the responses of men to the harshest of environments, but it is also a very precise

# Arctic Ordeal



THE JOURNAL OF JOHN RICHARDSON Surgeon-Naturalist with Franklin, 1820-1822

Edited by C. STUART HOUSTON

Illustrated by H. ALBERT HOCHBAUM

log of the flora, fauna, climate, and geology of the region. Such a record was not happenstance, but was mandated by the instructions to the explorers. That the mandate was carried out even while the men were starving to death in weather colder than -50° F is beyond comprehension. Journal entries at the outset were detailed and mostly a business-like (though fascinating) narrative. As the expedition turned back from the Arctic Ocean and set out across the barren tundra with little food, the narratives became shorter and centered on the difficulties of carrying equipment, fruitless hunting efforts, and the preparation of meals from lichen, old shoes, and the marrow from bones of animals that had died earlier in the year. In later entries Richardson adds mention of daily prayer to his chronicles of their suffering.

Among the non-ornithological highlights of the book, two stand out: Richardson's account of probable cannibalism by one of his men and his killing of the perpetrator, and his compassion for and understanding of the Indians who accompanied them.

Ornithologically, Richardson has been short-changed by history. Specimens he collected were given to Joseph Sabine, who described them in Zoological Appendix V of Franklin's Narrative of a Journey to the Shores of the Polar Sea in

the Years 1819, 20, 21, and 22. However, Richardson collected more specimens and recorded more species than were described in that account. Furthermore, in Sabine's account, specimens attributed to Franklin or "the Expedition" had been collected by Richardson and his assistant, Robert Hood. We also learn that in spite of William Swainson's name appearing before Richardson's as authors of Fauna Boreali-Americana, II: The Birds, most of the significant information was provided by Richardson.

In Arctic Ordeal, Houston provides a 22-page appendix that is an annotated listing of the birds recorded by Richardson. For 37 species, Richardson's accounts include information not provided by Sabine. Another 18 species had been omitted by Sabine. The Yellow-billed Loon was described in great detail in Richardson's journal, but went unrecognized to science until publication of a description by G.R. Gray in 1859. Sabine described the Wilson's Phalarope as a new species on the basis of Richardson's specimen and it was not until 1886 that the priority of Viellot's 1819 description was recognized. Sabine gave no indication of the reversed secondary sexual dimorphism in the species, although Richardson clearly indicated that the female had the brighter plumage. Similarly, the North American subspecies of the Blackbilled Magpie was described by Sabine, based on specimens collected by Richardson at Cumberland House. One of these specimens was painted by Hood (plate 14 in Houston, ed., To the Arctic by Canoe). Among other ornithological firsts is Richardson's description of the first reported nest of an Eskimo Curlew.

Arctic Ordeal is a scholarly effort which contributes significantly to our knowledge of the region. It was obviously a labor of love and one which took a great deal of insight and expert "sleuthing." The line drawings by H.A. Hochbaum are fine additions which get the reader to almost feel the adversity of the Arctic environment. I would like to have seen a larger scale map provided at the beginning of the book to properly orient the reader to the location and extent of the journey. It is also unfortunate that many of Richardson's detailed descriptions of birds were omitted from the published journal. In sum, however, this is an outstanding, exciting, and historically important contribution. I highly recommend it for casual reading as well as for its scientific content.—-J.J.



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### The Joy of Birding/A Guide to Better Birdwatching

Chuck Bernstein. Capra Press, P.O. Box 2068, Santa Barbara, CA 93120. 1984. Drawings, Introduction by Roger Tory Peterson. 195 pp. Paper \$8.95.

■ HE PLEASURE THAT CHUCK BERNstein gets from birding is evident throughout this book. Rarity-chasers and listers will certainly identify with the author. Many birders, however, can neither afford the time nor the money to go chasing rarities in odd places, although many wish they could. Some birders want to find their own birds or do not feel that brief encounters aided by others qualify a bird for their life lists. Regardless of their birding method, nearly every birder keeps a life list, and Chuck Bernstein's adventures, when adding to his, are fun to read. Scattered throughout the text are many gems-not necessarily originalon good birding methods or just plain information. For instance, read about differential fall migration of shorebirds, passerine plumage sequences, or the field marks of cormorants, gulls, and dowitchers. The story of getting his car stuck by the Salton Sea or ogling a Black-throated Green Warbler at an outdoor wedding put some humour into the story. Entire worthwhile chapters are devoted to such topics as identifying immatures, learning bird calls, and guided bird tours, with some of Chuck's tried and true methods of coping with these situations. One of his best stories unfolds around "The best way I know of to learn chips. . ."

I can discover no set logic to the series of very interesting stories. The few errors I noticed could have been easily checked. The chapter entitled, "All About Bird Distribution" for example, should be entitled, "A Bit About Bird Distribution," for it is far from as comprehensive as its title implies. The Winter Bird-Population Study and the Breeding Bird Census from American Birds are incorrectly titled. Allen Phillips should be Allan and Don Robertson should be Roberson; juvenile is a noun and juvenal the adjective, which he sometimes gets around by using "juvie." The Semipalmated Sandpiper is called "Semipalm" on one line, and "Semi" on another line of the same paragraph-very confusing to beginners. Perhaps the biggest mistake is the waste of space by listing birds mentioned in the preceding chapter. Scientific names could be mentioned in context, as in the chapter on subspecies and in a few other places, or at the end of the book, but to me the entire listing under "Bird Log" is unnecessary.

Perhaps we should call this book the "Amusing and informative adventures of Chuck Bernstein while adding birds to his life list" or "The Joy of Rarity Chasing." Surely it says very little about the other kinds of joyful birding. If you are looking for a book on the many ways birding can increase your pleasure, this is not it. But, if you are looking for many of the ways in which one form of birding keeps Chuck Bernstein and his numerous buddies happy, this could be it!——T.I.

## World Inventory of Avian Anatomical Specimens: Geographical Analysis.

D. Scott Wood and Marion A. Jenkinson. American Ornithologists' Union and Oklahoma Biological Survey, Norman, OK. 1984. 290 pp. \$30.00 paperbound.

IRTUALLY ALL OF THIS INEXPENSIVE compendium consists of tables. The publication is designed to show ornithologists what species are most needed as anatomical specimens in any area where they might collect. Of possible use to biogeographers is Table 2, which lists the number of species in each of the 60 geographic areas covered (Alaska, western or eastern Canada, western or eastern United States), and the number found in common with each of the other areas. Tables 3 through 6 give the specimen holdings of the museums and their geographic representation. Tables 7, 8, and 9 list in taxonomic sequence, using scientific names, all living and recently extinct birds divided into three sections, the New World, the Palearctic and Ethiopian, and the Oriental and Australasian, and then give their status (resident, transient, etc.) for each geographic area. These three tables also give the number of skeletal and spirit (i.e., preserved in fluid) specimens in all the major collections of the world.

Bird enthusiasts and travellers might find uses for the tables of bird names, which give information on distribution as well as classification, and for the list of references used to determine the birds' ranges. I hope the lists also stimulate bird watchers to salvage for museums birds found dead that are rare in collections, as is the case for far too many species.

G. E. W.

We thank the following book reviewers for their careful reading and comments. The initials following each review correspond to these names: Jerome Jackson, Thomas Imhof, and Glen E. Woolfenden.

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